

# Athletic Trainers

SOC: 29-9091 • Career Profile Report

## ■ Key Facts

<b>\$60,250</b> Median Salary	<b>33,900</b> Employment	<b>+11.0%</b> Growth Rate
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## ■ Requirements & Salary Range

Education: Master's degree

## ■ Automation Risk Assessment

**Low Risk** - 8.0% probability of being automated in the next 10-20 years.  
This job is relatively safe from automation due to its creative, social, or complex problem-solving requirements.

## ■ Work-Life Balance

**7.6/10** - Good work-life balance

## ■ Personality Fit (RIASEC)

Higher scores indicate better personality fit for this career type.

Realistic	5.4/10	Investigative	8.6/10
Artistic	4.8/10	Social	9.0/10
Enterprising	5.4/10	Conventional	6.2/10

## ■ Top Skills Required

Compassion, Decision-making skills, Detail oriented, Interpersonal skills

### ✓ Strengths

- High Demand
- Flexible Work
- Continuous Learning

### ■ Challenges

- Burnout Risk
- Rapid Technological Change

## ■ What They Do

Athletic Trainers typically perform the following tasks:

- Conduct an initial assessment of an athlete's injury or illness to provide emergency or continued care and to determine whether they should be referred to physicians for definitive diagnosis and treatment.
- Assess and report the progress of recovering athletes to coaches or physicians.
- Care for athletic injuries, using physical therapy equipment, techniques, or medication.
- Evaluate athletes' readiness to play and provide participation clearances when necessary and warranted.
- Perform general administrative tasks, such as keeping records or writing reports.
- Clean and sanitize athletic training rooms.
- Instruct coaches, athletes, parents, medical personnel, or community members in the care and prevention of athletic injuries.
- Apply protective or injury preventive devices, such as tape, bandages, or braces, to body parts, such as ankles, fingers, or wrists.
- Collaborate with physicians to develop and implement comprehensive rehabilitation programs for athletic injuries.
- Travel with athletic teams to be available at sporting events.
- Plan or implement comprehensive athletic injury or illness prevention programs.
- Inspect playing fields to locate any items that could injure players.
- Advise athletes on the proper use of equipment.
- Confer with coaches to select protective equipment.
- Develop training programs or routines designed to improve athletic performance.
- Massage body parts to relieve soreness, strains, or bruises.
- Accompany injured athletes to hospitals.
- Lead stretching exercises for team members prior to games or practices.
- Conduct research or provide instruction on subject matter related to athletic training or sports medicine.
- Recommend special diets to improve athletes' health, increase their stamina, or alter their weight.

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*Generated by StartRight • Data from U.S. Bureau of Labor Statistics & O\*NET*

Source: <https://www.bls.gov/ooh/healthcare/athletic-trainers.htm>