

Home Health and Personal Care Aides

SOC: 31-1120 • Career Profile Report

■ Key Facts

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| \$34,900 Median Salary | 4,347,700 Employment | +17.0% Growth Rate |
|----------------------------------|--------------------------------|------------------------------|

■ Requirements & Salary Range

Education: High school diploma

■ Automation Risk Assessment

Medium Risk - 48.0% probability of being automated in the next 10-20 years.
This job has some routine elements but still requires human judgment and interaction.

■ Work-Life Balance

6.0/10 - Good work-life balance

■ Personality Fit (RIASEC)

Higher scores indicate better personality fit for this career type.

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|--------------|--------|---------------|--------|
| Realistic | 5.8/10 | Investigative | 6.0/10 |
| Artistic | 4.4/10 | Social | 8.4/10 |
| Enterprising | 4.6/10 | Conventional | 7.4/10 |

■ Top Skills Required

Detail oriented, Emotional skills, Integrity, Interpersonal skills, Physical stamina

✓ Strengths

- High Demand
- Flexible Work
- Continuous Learning

■ Challenges

- Burnout Risk
- Rapid Technological Change

■ What They Do

Home Health and Personal Care Aides typically perform the following tasks:

- Prepare and maintain records of client progress and services performed, reporting changes in client condition to manager or supervisor.
- Administer bedside or personal care, such as ambulation or personal hygiene assistance.
- Perform healthcare-related tasks, such as monitoring vital signs and medication, under the direction of registered nurses or physiotherapists.
- Participate in case reviews, consulting with the team caring for the client, to evaluate the client's needs and plan for continuing services.
- Instruct or advise clients on issues, such as household cleanliness, utilities, hygiene, nutrition, or infant care.
- Care for individuals or families during periods of incapacitation, family disruption, or convalescence, providing companionship, personal care, or help in adjusting to new lifestyles.
- Perform housekeeping duties, such as cooking, cleaning, washing clothes or dishes, or running errands.
- Provide clients with communication assistance, typing their correspondence or obtaining information for them.
- Train family members to provide bedside care.
- Plan, shop for, or prepare nutritious meals or assist families in planning, shopping for, or preparing nutritious meals.
- Transport clients to locations outside the home, such as to physicians' offices or on outings, using a motor vehicle.

*Generated by StartRight • Data from U.S. Bureau of Labor Statistics & O*NET*

Source: <https://www.bls.gov/ooh/healthcare/home-health-aides-and-personal-care-aides.htm>