

# Massage Therapists

SOC: 31-9011 • Career Profile Report

## ■ Key Facts

\$57,950

Median Salary

168,000

Employment

+15.0%

Growth Rate

## ■ Requirements & Salary Range

Education: Postsecondary

## ■ Automation Risk Assessment

**Medium Risk** - 48.0% probability of being automated in the next 10-20 years.

This job has some routine elements but still requires human judgment and interaction.

## ■ Work-Life Balance

9.6/10 - Excellent work-life balance

## ■ Personality Fit (RIASEC)

Higher scores indicate better personality fit for this career type.

Realistic	5.8/10	Investigative	6.0/10
Artistic	4.4/10	Social	8.4/10
Enterprising	4.6/10	Conventional	7.4/10

## ■ Top Skills Required

Communication skills, Decision-making skills, Empathy, Integrity, Interpersonal skills, Physical stamina, Physical strength and dexterity, Time-management skills

### ✓ Strengths

- High Demand
- Flexible Work
- Continuous Learning

### ■ Challenges

- Burnout Risk
- Rapid Technological Change

## ■ What They Do

Massage Therapists typically perform the following tasks:

- Confer with clients about their medical histories and problems with stress or pain to determine how massage will be most helpful.
- Massage and knead muscles and soft tissues of the body to provide treatment for medical conditions, injuries, or wellness maintenance.
- Maintain massage areas by restocking supplies or sanitizing equipment.
- Apply finger and hand pressure to specific points of the body.
- Develop and propose client treatment plans that specify which types of massage are to be used.
- Maintain treatment records.
- Assess clients' soft tissue condition, joint quality and function, muscle strength, and range of motion.
- Provide clients with guidance and information about techniques for postural improvement and stretching, strengthening, relaxation, and rehabilitative exercises.
- Treat clients in professional settings or travel to clients' offices and homes.
- Refer clients to other types of therapists when necessary.
- Prepare and blend oils and apply the blends to clients' skin.
- Consult with other health care professionals, such as physiotherapists, chiropractors, physicians, and psychologists, to develop treatment plans for clients.
- Perform other adjunctive therapies or treatment techniques in addition to massage.
- Use complementary aids, such as infrared lamps, wet compresses, ice, and whirlpool baths to promote clients' recovery, relaxation, and well-being.

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*Generated by StartRight • Data from U.S. Bureau of Labor Statistics & O\*NET*

Source: <https://www.bls.gov/ooh/healthcare/massage-therapists.htm>