

Occupational Therapists

SOC: 29-1122 • Career Profile Report

■ Key Facts

\$98,340 Median Salary	160,000 Employment	+14.0% Growth Rate
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■ Requirements & Salary Range

Education: Master's degree

■ Automation Risk Assessment

Low Risk - 8.0% probability of being automated in the next 10-20 years.
This job is relatively safe from automation due to its creative, social, or complex problem-solving requirements.

■ Work-Life Balance

9.6/10 - Excellent work-life balance

■ Personality Fit (RIASEC)

Higher scores indicate better personality fit for this career type.

Realistic	5.4/10	Investigative	8.6/10
Artistic	4.8/10	Social	9.0/10
Enterprising	5.4/10	Conventional	6.2/10

■ Top Skills Required

Adaptability, Communication skills, Compassion, Interpersonal skills, Patience

✓ Strengths

- High Demand
- Flexible Work
- Continuous Learning

■ Challenges

- Burnout Risk
- Rapid Technological Change

■ What They Do

Occupational Therapists typically perform the following tasks:

- Test and evaluate patients' physical and mental abilities and analyze medical data to determine realistic rehabilitation goals for patients.
- Complete and maintain necessary records.
- Plan, organize, and conduct occupational therapy programs in hospital, institutional, or community settings to help rehabilitate persons with disabilities because of illness, injury or psychological or developmental problems.
- Plan and implement programs and social activities to help patients learn work or school skills and adjust to handicaps.
- Select activities that will help individuals learn work and life-management skills within limits of their mental or physical capabilities.
- Evaluate patients' progress and prepare reports that detail progress.
- Train caregivers in providing for the needs of a patient during and after therapy.
- Lay out materials such as puzzles, scissors and eating utensils for use in therapy, and clean and repair these tools after therapy sessions.
- Consult with rehabilitation team to select activity programs or coordinate occupational therapy with other therapeutic activities.
- Design and create, or requisition, special supplies and equipment, such as splints, braces, and computer-aided adaptive equipment.
- Recommend changes in patients' work or living environments, consistent with their needs and capabilities.
- Develop and participate in health promotion programs, group activities, or discussions to promote client health, facilitate social adjustment, alleviate stress, and prevent physical or mental disability.
- Provide training and supervision in therapy techniques and objectives for students or nurses and other medical staff.
- Help clients improve decision making, abstract reasoning, memory, sequencing, coordination, and perceptual skills, using computer programs.
- Conduct research in occupational therapy.
- Advise on health risks in the workplace or on health-related transition to retirement.
- Provide patients with assistance in locating or holding jobs.
- Recommend adaptive equipment to individuals to increase independence in daily living activities.

*Generated by StartRight • Data from U.S. Bureau of Labor Statistics & O*NET*

Source: <https://www.bls.gov/ooh/healthcare/occupational-therapists.htm>