

Occupational Therapy Assistants and Aides

SOC: 31-2010 • Career Profile Report

■ Key Facts

\$66,050

Median Salary

54,400

Employment

+18.0%

Growth Rate

■ Requirements & Salary Range

Education: See Requirements (BLS)

■ Automation Risk Assessment

Medium Risk - 48.0% probability of being automated in the next 10-20 years.

This job has some routine elements but still requires human judgment and interaction.

■ Work-Life Balance

6.0/10 - Good work-life balance

■ Personality Fit (RIASEC)

Higher scores indicate better personality fit for this career type.

Realistic	5.8/10	Investigative	6.0/10
Artistic	4.4/10	Social	8.4/10
Enterprising	4.6/10	Conventional	7.4/10

■ Top Skills Required

Adaptability, Compassion, Detail oriented, Interpersonal skills, Physical stamina, Physical strength

✓ Strengths

- High Demand
- Flexible Work
- Continuous Learning

■ Challenges

- Burnout Risk
- Rapid Technological Change

■ What They Do

Occupational Therapy Assistants and Aides typically perform the following tasks:

- Instruct, or assist in instructing, patients and families in home programs, basic living skills, or the care and use of adaptive equipment.
- Maintain and promote a positive attitude toward clients and their treatment programs.
- Report to supervisors, verbally or in writing, on patients' progress, attitudes, and behavior.
- Implement, or assist occupational therapists with implementing, treatment plans designed to help clients function independently.
- Monitor patients' performance in therapy activities, providing encouragement.
- Observe and record patients' progress, attitudes, and behavior and maintain this information in client records.
- Select therapy activities to fit patients' needs and capabilities.
- Attend continuing education classes.
- Aid patients in dressing and grooming themselves.
- Evaluate the daily living skills or capacities of clients with physical, developmental, or mental health disabilities.
- Communicate and collaborate with other healthcare professionals involved with the care of a patient.
- Work under the direction of occupational therapists to plan, implement, or administer educational, vocational, or recreational programs that restore or enhance performance in individuals with functional impairments.
- Alter treatment programs to obtain better results if treatment is not having the intended effect.
- Assemble, clean, or maintain equipment or materials for patient use.
- Transport patients to and from the occupational therapy work area.
- Design, fabricate, or repair assistive devices or make adaptive changes to equipment or environments.
- Attend care plan meetings to review patient progress and update care plans.
- Demonstrate therapy techniques, such as manual or creative arts or games.
- Teach patients how to deal constructively with their emotions.
- Order any needed educational or treatment supplies.