

Psychiatric Technicians and Aides

SOC: 29-2053 • Career Profile Report

■ Key Facts

\$42,200

Median Salary

182,900

Employment

+16.0%

Growth Rate

■ Requirements & Salary Range

Education: See Requirements (BLS)

■ Automation Risk Assessment

Low Risk - 8.0% probability of being automated in the next 10-20 years.

This job is relatively safe from automation due to its creative, social, or complex problem-solving requirements.

■■ Work-Life Balance

7.3/10 - Good work-life balance

■ Personality Fit (RIASEC)

Higher scores indicate better personality fit for this career type.

Realistic	5.4/10	Investigative	8.6/10
Artistic	4.8/10	Social	9.0/10
Enterprising	5.4/10	Conventional	6.2/10

■ Top Skills Required

Compassion, Interpersonal skills, Observational skills, Patience, Physical stamina

✓ Strengths

- High Demand
- Flexible Work
- Continuous Learning

■ Challenges

- Burnout Risk
- Rapid Technological Change

■ What They Do

Psychiatric Technicians and Aides typically perform the following tasks:

- Provide nursing, psychiatric, or personal care to patients with cognitive, intellectual, or developmental disabilities.
- Encourage patients to develop work skills and to participate in social, recreational, or other therapeutic activities that enhance interpersonal skills or develop social relationships.
- Restrain violent, potentially violent, or suicidal patients by verbal or physical means as required.
- Lead prescribed individual or group therapy sessions as part of specific therapeutic procedures.
- Monitor patients' physical and emotional well-being and report unusual behavior or physical ailments to medical staff.
- Take and record measures of patients' physical condition, using devices such as thermometers or blood pressure gauges.
- Observe and influence patients' behavior, communicating and interacting with them and teaching, counseling, or befriending them.
- Aid patients in performing tasks, such as bathing or keeping beds, clothing, or living areas clean.
- Collaborate with or assist doctors, psychologists, or rehabilitation therapists in working with patients with cognitive, intellectual, or developmental disabilities to treat, rehabilitate, and return patients to the community.
- Develop or teach strategies to promote client wellness and independence.
- Train or instruct new employees on procedures to follow with psychiatric patients.
- Escort patients to medical appointments.
- Administer oral medications or hypodermic injections, following physician's prescriptions and hospital procedures.
- Issue medications from dispensary and maintain records in accordance with specified procedures.
- Interview new patients to complete admission forms, to assess their mental health status, or to obtain their mental health and treatment history.
- Contact patients' relatives to arrange family conferences.

*Generated by StartRight • Data from U.S. Bureau of Labor Statistics & O*NET*

Source: <https://www.bls.gov/ooh/healthcare/psychiatric-technicians-and-aides.htm>