

Recreational Therapists

SOC: 29-1125 • Career Profile Report

■ Key Facts

\$60,280 Median Salary	16,100 Employment	+3.0% Growth Rate
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■ Requirements & Salary Range

Education: Bachelor's degree

■ Automation Risk Assessment

Low Risk - 8.0% probability of being automated in the next 10-20 years.
This job is relatively safe from automation due to its creative, social, or complex problem-solving requirements.

■ Work-Life Balance

8.6/10 - Excellent work-life balance

■ Personality Fit (RIASEC)

Higher scores indicate better personality fit for this career type.

Realistic	5.4/10	Investigative	8.6/10
Artistic	4.8/10	Social	9.0/10
Enterprising	5.4/10	Conventional	6.2/10

■ Top Skills Required

Communication skills, Compassion, Leadership skills, Listening skills, Patience, Resourcefulness

✓ Strengths

- High Demand
- Flexible Work
- Continuous Learning

■ Challenges

- Burnout Risk
- Rapid Technological Change

■ What They Do

Recreational Therapists typically perform the following tasks:

- Instruct patient in activities and techniques, such as sports, dance, music, art, or relaxation techniques, designed to meet their specific physical or psychological needs.
- Conduct therapy sessions to improve patients' mental and physical well-being.
- Plan, organize, direct, and participate in treatment programs and activities to facilitate patients' rehabilitation, help them integrate into the community, and prevent further medical problems.
- Observe, analyze, and record patients' participation, reactions, and progress during treatment sessions, modifying treatment programs as needed.
- Develop treatment plan to meet needs of patient, based on needs assessment, patient interests, and objectives of therapy.
- Obtain information from medical records, medical staff, family members and the patients, themselves, to assess patients' capabilities, needs and interests.
- Confer with members of treatment team to plan and evaluate therapy programs.
- Counsel and encourage patients to develop leisure activities.
- Encourage clients with special needs and circumstances to acquire new skills and get involved in health-promoting leisure activities, such as sports, games, arts and crafts, and gardening.
- Prepare and submit reports and charts to treatment team to reflect patients' reactions and evidence of progress or regression.
- Develop discharge plans for patients.

*Generated by StartRight • Data from U.S. Bureau of Labor Statistics & O*NET*

Source: <https://www.bls.gov/ooh/healthcare/recreational-therapists.htm>